

# Personal Success Development

## Course description:

The Personal Success Development course provides each participant with an understanding of how personal growth is essential in reaching their individual and vocational goals.

## Course Objectives:

- To evaluate individual awareness through a comprehensive leadership and teamwork assessment.
- To educate each participant in how future success is accomplished by committing to become a life long learner each day.
- To develop the skills necessary to excel in the workplace with teams.
- To model how personal development works in preparing for and ensuring vocational advancement.
- To equip each participant with a year long study program for personal training.

## Course Outcomes:

- Each participant will have an accurate assessment of their current level of understanding about personal leadership.
- Each participant will learn the 15 Laws of Growth and how they apply to personal and professional development.
- Each participant will learn the significance of positive personal attitude skills, of how to transfer work skills, of how to work collaboratively with other team members and how to lead their own life and increase their impact in leading others.
- Each participant will be provided with examples of how personal advancement benefits both personal and professional development.
- Each participant will possess a 12-month personal growth plan to utilize after the course.

## Course Outline

- Introduction
- Leadership Game Assessment
- The 4 Skills You Need to Be Successful in Life
- The 15 Invaluable Laws of Growth (Lesson and Application for each Law)
  - #1 The Law of Intentionality: *Growth Doesn't Just Happen*
  - #2 The Law of Awareness: *You Must Know Yourself to Grow Yourself*
  - #3 The Law of the Mirror: *You Must See Value in Yourself to Add Value to Yourself*
  - #4 The Law of Reflection: *Learning to Pause Allows Growth to Catch Up with You*
  - #5 The Law of Consistency: *Motivation Gets You Going – Discipline Keeps You Growing*
  - #6 The Law of Environment: *Growth Thrives in Conducive Surroundings*
  - #7 The Law of Design: *To Maximize Growth, Develop Strategies*
  - #8 The Law of Pain: *Good Management of Bad Experiences Leads to Great Growth*
  - #9 The Law of the Ladder: *Character Growth Determines the Height of My Personal Growth*
  - #10 The Law of the Rubber Band: *Growth Stops When You Lose the Tension Between Where You Are to Where You Could Be.*
  - #11 The Law of Trade-Offs: *You Have to Give Up to Go Up*
  - #12 The Law of Curiosity: *Growth is Driven by Wanting to Learn More*

#13 The Law of Modeling: *It's Hard to Improve When You Have No One Else but Yourself to Follow*

#14 The Law of Expansion: *Growth Always Increases Your Capacity*

#15 The Law of Contribution: *Growing yourself enables you to grow others*

- Developing Your Personal Growth Plan
- Conclusion

#### **Course Resources**

- Book: "The 15 Invaluable Laws of Growth" by Dr. John C. Maxwell
- Workbook: "Personal Success Development"



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