

## **The Lifebuilder's Creed**

*Today is the most important day of my life.  
Yesterday with its successes and victories, struggles and failures  
is gone forever.*

*The past is past.*

*Done.*

*Finished.*

*I cannot relive it. I cannot go back and change it.  
But I will learn from it and improve my Today.*

*Today. This moment. NOW.*

*It is God's gift to me and it is all that I have.*

*Tomorrow with all its joys and sorrows, triumphs and troubles isn't here yet.*

*Indeed, tomorrow may never come.*

*Therefore, I will not worry about tomorrow.*

*Today is what God has entrusted to me.*

*It is all that I have. I will do my best in it.*

*I will demonstrate the best of me in it —  
my character, giftedness and abilities —*

*to my family and friends, clients and associates.*

*I will identify those things that are most important to do Today  
and those things I will do until they are done.*

*And when this day is done*

*I will look back with satisfaction at that which I have accomplished.*

*Then, and only then, will I plan my tomorrow,*

*Looking to improve upon Today, with God's help.*

*Then I shall go to sleep in peace...content.*

## **The Daily Dozen**

1. Attitude: Choose and display the right attitudes daily.
2. Priorities: Determine and act on important priorities daily.
3. Health: Know and follow healthy guidelines daily.
4. Family: Communicate with and care for my family daily.
5. Thinking: Practice and develop good thinking daily.
6. Commitment: Make and keep proper commitments daily.
7. Finances: Make and properly manage dollars daily.
8. Faith: Deepen and live out my faith daily.
9. Relationships: Initiate and invest in solid relationships daily.
10. Generosity: Plan for and model generosity daily.
11. Values: Embrace and practice good values daily.
12. Growth: Seek and experience improvements daily.

# Begin Your 12 Month Personal Growth Plan

## First Month: Strength 1—

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- " Read that chapter one day each week (4 times).
- " Every day manage that area in your life.
- " Make a simple game plan for this area.

## Second Month: Weakness 12—

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- " Read that chapter one day each week (4 times).
- " Every day manage that area in your life.
- " Make a simple game plan for this area.
- " Continue your game plan for last month.

## Third Month: Strength 2—

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- " Read that chapter one day each week (4 times).
- " Every day manage that area in your life.
- " Make a simple game plan for this area.
- " Continue your game plan for months 1 and 2.

## Fourth Month: Weakness 11—

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- " Read that chapter one day each week (4 times).
- " Every day manage that area in your life.
- " Make a simple game plan for this area.
- " Continue your game plan for months 2 and 3 — drop month 1  
having done it for 90 days it should now be a (habit.)

## Fifth Month: Strength 3—

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- " Read that chapter one day each week (4 times).
- " Every day manage that area in your life.
- " Make a simple game plan for this area.
- " Continue your game plan for months 3 and 4 — drop month 2  
(having done it for 90 days it should now be a habit.)

### **Sixth Month: Weakness 10—**

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- " Read that chapter one day each week (4 times).
- " Every day manage that area in your life.
- " Make a simple game plan for this area.
- " Continue your game plan for months 4 and 5 — drop month 3  
(having done it for 90 days it should now be a habit.)

### **Seventh Month: Strength 4—**

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- " Read that chapter one day each week (4 times).
- " Every day manage that area in your life.
- " Make a simple game plan for this area.
- " Continue your game plan for months 5 and 6 — drop month 4  
(having done it for 90 days it should now be a habit.)

### **Eighth Month: Weakness 9—**

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- " Read that chapter one day each week (4 times).
- " Every day manage that area in your life.
- " Make a simple game plan for this area.
- " Continue your game plan for months 6 and 7 — drop month 5  
(having done it for 90 days it should now be a habit.)

### **Ninth Month: Strength 5—**

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- " Read that chapter one day each week (4 times).
- " Every day manage that area in your life.
- " Make a simple game plan for this area.
- " Continue your game plan for months 7 and 8 — drop month 6  
(having done it for 90 days it should now be a habit.)

### **Tenth Month: Weakness 8—**

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- " Read that chapter one day each week (4 times).
- " Every day manage that area in your life.
- " Make a simple game plan for this area.
- " Continue your game plan for months 8 and 9 — drop month 7  
(having done it for 90 days it should now be a habit.)

### Eleventh Month: Strength 6—

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- " Read that chapter one day each week (4 times).
- " Every day manage that area in your life.
- " Make a simple game plan for this area.
- " Continue your game plan for months 9 and 10 — drop month 8  
(having done it for 90 days it should now be a habit.)

### Twelfth Month: Weakness 7—

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- " Read that chapter one day each week (4 times).
- " Every day manage that area in your life.
- " Make a simple game plan for this area.
- " Continue your game plan for months 10 and 11 — drop month 9  
(having done it for 90 days it should now be a habit.)

At the end of twelve months, review each of the **Daily Dozen**, one per week (continuing your game plan for months 10, 11 and 12 until you have done each month's plan for 90 days.)